TABLE I

COMPONENTS	FIRST PASTE	SECOND PASTE	
Glycerol	26.0	33.0	
Sorbitol (70% Aqueous)	27.9		
Sodium Carboxymethyl Cellulose		0.8	
Xanthan Gum	0.5		
Silica Thickener	3.0	0.5	
Sodium Benzoate	0.1	0.5	
Sodium Saccharin	_	0.2	
Zinc Lactate	2.0	_	
Calcium Metaphosphate	30.0	17.5	
Calcium Carbonate		2.5	
Sodium Bicarbonate	_	20.0	
Citric Acid	4.5		
Flavor	_	1.0	
Sodium Fluoride	0.24	0.24	
Water	balance	balance	

Equal amounts of the first and second pastes are added to respective chambers of a dual compartment dispenser such as shown in U.S. Pat. No. 5,038,963 (Pettingill et al.) and U.S. Pat. No. 5,020,694 (Pettingill). When a consumer is ready for use of this product, the consumer applies pressure to the dispenser thereby causing extrusion of strands of the first and second pastes which are deposited onto a toothbrush. Within one or two minutes, the consumer will apply the toothbrush with the combined first and second components to the teeth and gums brushing same.

Study Examinations
Phase One:

Full mouth gingival assessments were evaluated according to Lobene's Modified Gingival Index. Following assessment, each panelist received a thorough dental cleaning by a registered dental hygienist. Panelists were then given a regular toothpaste to use for the following three weeks thereby allowing each panelist to build gingival problems. After three weeks of regular toothpaste use, gingival evaluations were conducted to obtain a baseline for panelists' normal gingival condition.

Another dental prophylaxis was performed rendering the panelists ready to receive the first test product. The product of Example 1 was then used by panelists for the next three weeks. Gingival evaluations were conducted after the two and three week period of product usage.

Phase Two:

Panelists were directed to use regular toothpaste for a four week washout period.

20 Phase Three:

The teeth were then treated to another prophylaxis. Panelists were then assigned to use Crest® (control sample) for the next three weeks. Gingival evaluations were conducted after two and three week product usage.

Study Procedures:

The study was conducted in a single blind manner with panelists having no knowledge of the identity of the test dentifrices. All data compiled during the course of the study was subjected to appropriate statistical analysis.

Results of the clinical evaluation are outlined in the Table below.

TABLE II

Modified Gingival Index (MGI)							
Shield Teeth	BASELINE	FINAL	Ramfjord Teeth	BASELINE	FINAL		
Crest ® Reg.	.686	1.733	Crest ® Reg.	.727	1.225		
Example 1	.718	1.482	Example 1	.687	1.090		
_	14.5%		-	11%			
		BL	EEDING				
Crest ® Reg.	.177	.949	Crest ® Reg.	.129	.304		
Example 1	.193	.655	Example 1	.141	.222		
	31%			27%			
		Pl	LAQUE				
Crest ® Reg.		14.11	Crest ® Reg.		8.59		
Example 1		12.52	Example 1		7.94		
	11%			7.5%	)		

## EXAMPLE 4

A clinical trial was conducted to compare the dental product of Example 1 with an identical product that did not include bicarbonate/zinc citrate combination.

## Methodology

Subject Selection Criteria

Forty panelists, both female and male, between the ages of 18 and 65 were recruited to participate in this study. Panelists were chosen on the basis of having present the 60 Mandibular four incisors and two cuspid teeth. Excluded from participation was anyone with a history of serious disease or persons who exhibited gross neglect of oral hygiene, rampant caries, advanced periodontitis or those in need of professional dental attention. Subjects who did not 65 brush their teeth at least two times per day were also excluded.

Based on the results recorded in Table II, it is evident that the dental composition of Example 1 containing bicarbonate/zinc citrate combination significantly reduced bleeding, exhibited a significant improvement in the Modi-fied Gingival Index and had some effect in reducing plaque.

The foregoing description and Examples illustrate selected embodiments of the present invention. In light thereof, various modifications will be suggested to one skilled in the art, all of which are within the spirit and purview of this invention.

What is claimed is:

- 1. A method for inhibiting gingival bleeding and improving texture and consistency of gingival and periodontal tissues which comprises:
  - (i) delivering a first liquid composition to a receptacle, the first liquid composition comprising from about 0.1 to about 10% by weight of zinc salt and from about 0.1%